

Competition Development Fall Schedule 2010

Sport for Life Centre 145 Pacific Ave.

<u>Date:</u>	<u>Module</u>	<u>Time</u>
Thursday September 9	^ Prevention and Recovery Part 1	6:30pm – 10:00pm
Friday September 10	^Prevention and Recovery Part 2	6:30pm – 10:00pm
Saturday September 11	Leading Drug Free Sport	8:30am- 12:00am
Saturday September 11	^Developing Athletic Abilities * Part 1	1:00pm- 4:00pm
Sunday September 12	^Developing Athletic Abilities Part 2	8:30am – 3:30pm
Thursday September 16	Managing Conflict	6:00pm – 10:00pm
Friday September 17	^Coaching and Leading Effectively Part 1	6:30pm – 10:00pm
Saturday September 18	^Coaching and Leading Effectively Part 2	8:30am- 3:30pm
Sunday September 19	Psychology of Performance	8:30am- 4:30pm

^ Prevention and Recovery, Developing Athletic Abilities and Coaching and Leading Effectively are all 2 part modules. Attendance is mandatory in both parts for **trained status**.

*Developing Athletic Abilities includes a Pre-workshop online session that must be completed through the Coaches Association of Canada website.